

DO NOT PLAN SOMETHING BAD.

Last Sunday, I addressed these words to the children who came to Church and who are also off from school these weeks because of the COVID19 situation. I continued to say that “when bored, you start praying...!”

It will also be helpful to the children if parents are able to **PLAN TO DO SOMETHING GOOD!** Towards the end of the day, check on the children on how their day went. At the same time, perhaps ask the children what they are desiring to do, but not necessarily saying yes to every activity they mention. Recommending to them things might be good. It will even be better if you write a schedule for the following day....Time to get up, time to eat, time read and study, time to play, time to clean, and certainly, by all means, time to pray!!!

Our Churches (Saint Anthony and Saint Martin) will be left accessible until 8PM on weekdays. This can give parents the time to bring your family to Church to pray after coming home from work. You are most welcome to sneak into our Church any time during the day. (There are copies of the Stations of the Cross – both in English and Spanish – available at the entrance so you may pray the Stations....)

Prayer is what can unite us while we refrain from large group gatherings. Prayer also unites us to God who is with all of us, most especially on these trying times. Remember to include in your prayers those who are sick and those who have already been affected by the COVID19. Pray for the men and women who work in the medical field assisting and helping those who are sick.

THINGS that can be done....

- Come to Church and pray as a family.
- Walk around and pray in our grounds in Saint Anthony (when weather permits....)
- Time to pray as a family in your homes. (read the Bible, pray the Rosary).
- Spend time telling stories while sharing meals.
- Call relatives and friends from other states.
- Call the elderly who are your friends and assure them of your prayers. Perhaps ask them what you can do to help them....